



# ACCENT

ON SKIN

## Dermal Fillers

### **Pre-treatment:**

2 weeks before treatment:

- Stop taking all blood thinning supplements and medications. Some of these may include St. John's Wort, Fish Oil/Omega 3, Flax Seed Oil, and Vitamin E. These supplements may increase bruising and bleeding at the injection site.
- Please advise us if you have a history of cold sores prior to treatment. Treatment cannot be done if you have an active cold sore or skin infection in the area. We can advise preventative treatment.

2 days before treatment:

- Stop taking aspirin, disprin and any anti-inflammatory medications as these will increase the chance of bruising and swelling.
- Bruising can occur in some patients and can last 5-14 days so please plan your events accordingly.

### **Post-treatment:**

- It is normal for the area treated to feel tender, swollen and red for 24-48 hours post treatment.
- Swelling usually dissipates within 48 hours. You can continue using a cold compress -not direct ice, 5 minutes every hour for up to 4 hours. Repeat in the next day if necessary.
- It may appear as though the area looks uneven after treatment. This is due to the initial swelling and bruising and will settle as the area heals.
- Hirudoid cream may help to reduce bruising and swelling.
- You can gently apply mineral makeup using a sanitised brush where required.
- Please contact us should you have any queries or questions following your treatment.